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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback Pages Number: 144 in Publisher: Guangdong People's Publishing House; 1 (May 1. 2005). Life is dependent on nutrition. Own bio since the existence and continuation of life and dietary nutrition can not be separated. The ancients have long recognized this truth. that Anggun Chang. Juegu is dangerous. it shows the important value. Therefore there is a Food said. Modern science and a better understanding of the amount of nutrients are important causes of many diseases. such as nutritional deficiencies or lack of can cause anemia. rickets. dementia. goitre. blindness. osteoporosis and congenital malformations and other diseases; nutrition excess. the so-called valuable disease spontaneously. such as obesity. arteriosclerosis. hypertension. hyperlipidemia. coronary heart disease and diabetes. The light affects health. lower quality of life. while life-threatening. With the development of China's national economy. people's living standards gradually increasing prominence of the aforementioned nutritional imbalances. so nutrition and health is increasingly subject to greater attention. In this connection. the Chinese Nutrition Society. combined with China's actual situation in 1997 formulated the Dietary Guidelines. It is based on results of scientific research as the basis for the nutritional needs of our residents and Major shortcomings in the diet developed with universal guiding significance. Significance is compiled and published in this series to further popularize scientific knowledge of nutrition and health. so that the people proper understanding of a balanced diet. in order to achieve a strong body. prolong life. improve and enhance the purpose of national quality. The series contains two parts. one of the nutrition prevention and treatment of various common diseases. and the second is the life of all ages and dietary nutrition. Writers of the books are long-term clinical....



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