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Introducing Neurolinguistic Programming (NLP) for Work: A Practical Guide

By Dianne Lowther

Icon Books Ltd. Paperback. Book Condition: new. BRAND NEW, Introducing Neurolinguistic Programming (NLP) for Work: A Practical Guide, Dianne Lowther, Neurolinguistic Programming is about helping you to identify and develop the patterns of thought and behaviour which are most beneficial to you. Specifically tailored to a work environment, this Practical Guide teaches you how to build a successful rapport with your colleagues. Written by an expert in business coaching, NLP for Work teaches you how to utilise NLP techniques to succeed, enabling you to deal effectively with problems and to master any situation. With useful tips, exercises and case studies throughout, this guide is the ideal place to start if you're looking to make friends and influence people.



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